

Alabama Baseball Coaches Association (ALABCA)
2010 High School Baseball Camp
Classes of 2010 – 2013 Players
Charles Henderson High School – Troy, Alabama – June 25 – 27
(Players will stay and eat in the Troy University Dorm/Dining Hall)

Objectives: 1) To help high school baseball players develop and/or refine their baseball skills and knowledge of the game, 2) To help high school players to be seen by two-year and four-year college coaches, and professional scouts.

Who may Participate?: High School baseball players from the classes of 2010 – 2013. Players who are not selected for the All-Star Weekend, 2010 unsigned seniors, or any high school players in general are encouraged to attend.

Camp Dates: Friday, June 25 – Sunday, June 27. Players check-in Troy University’s Shackleford Hall dorm Friday, June 25 from 8:00 – 10:00 a.m. Camp ends Sunday, June 27 at 4 p.m. Welcome luncheon at on Friday, June 25 at 11:00 a.m. in the Adams Center Ball Room. Parents may attend for \$8 each. College Academic and Athletic Presentation session will occur at luncheon by College Coaches – Community College, NAIA, NCAA Division I, II & III. Very informative! Add the \$8 luncheon fee per parent or sibling 13 & up/\$5 per sibling 6 – 12, to the player fee when pre-registering.

Camp Cost: Pre-registration camp cost is \$200 (Postmark and On-Line Registration deadline is June 14). On-site camp fee is \$225. Camp fee covers Friday lunch and dinner, 3 meals Saturday and 2 Sunday in the Troy University dining hall, dorm stay, camp insurance, t-shirt. Please add Friday lunch cost of parents/siblings to player fee.

How do I sign up?: Fill this application out completely and enclose your \$200 tuition (money orders or cashiers checks only, no personal checks accepted), and send to ALABCA, P.O. Box 3881, Montgomery, Alabama 36109. You may also register on-line through camppros, with your credit card. Go to our web-site, www.alabca.org, click the underclassman link to find the camppros form. We have to have a copy of the players current physical ahead of time or at check-in. Pre-reg. deadline for either method is Monday, June 14. Do not mail after then. You may register on-site for \$225. Cash, cashier’s check or money order is accepted on-site, no personal checks or credit cards accepted on-site for campers fee.

What to bring to camp?: Twin bed sheets, blanket & pillow. Shaving kit, towels, etc. Dirty clothes bag. Baseball practice attire – pants, t-shirt, hat, etc. Shorts and nice t-shirts/collared shirts for off the field. Dress appropriately in the dining hall - no ragged shorts, shirts or flip flops! Loafers/sneakers, hemmed shorts, etc. Please mark all your baseball gear with a black sharpie marker. Do not bring televisions, portable stereos or computers. Head phones are allowed.

Camp Activities: Players will participate in many of the activities that the All-Star Weekend participants encounter. They will have their pitching and hitting mechanics video taped and then critiqued. Other topics covered during the camp: strength & speed training for baseball, academic tips for college life, enrichment session on staying focused on receiving your college degree while pursuing your dream of playing in the big leagues. Campers will be taken through baseball skills and drills by outstanding high school and college coaches. Campers will listen to presentations from college coaches from the Community College, NAIA, NCAA Division I, II & III levels about what each level requires academically to attend their schools. Other important topics covered by each coach pertaining to their level: practice limitations, schedule guidelines, average scholarship offers, roster sizes, etc. Campers will take a round of of/inf on Friday night June 25 and batting practice Saturday night June 26 on Troy University’s baseball field, after the day’s All-Star Weekend games have been completed. The 40 college coaches and professional scouts who normally attend the All-Star Weekend games will be invited and encouraged to attend these baseball camp workout sessions. If the All-Star games run too long the of/inf and batting practice sessions will take place at Charles Henderson High School.

Camper Information: (Please Print Clearly)

* Last Name * First * Preferred Name

* Home Address (Street, City, Zip)

* Parent Cell Ph. # (This the number we’ll call to let you know you made the team!) * Players or Parents email address (please print clearly)

* High School * Grad Year (must be 2010 – 2013) * Adult T-Shirt Size

* Height / Weight / Bat (R/L) / Throw (R/L) * Primary / Secondary Position * GPA * ACT / SAT

* Questions may be directed to Barry Dean in Montgomery at (334)676-0434, or at: barrydean_alabca@bellsouth.net