

**Alabama Baseball Coaches Association Eighth Annual
2008 Underclassman Regional Workouts &
2008 All-Star Weekend of Instruction & Games (Held at Troy University, Troy, AL.)**

2008 Points of emphasis: 1) Any AHSAA and AISA 2009, 2010 & 2011 student-athletes may attend either one of the four workouts in their half of the state for their convenience (not regionalized anymore), however they may attend only one workout. 2) If the student-athlete's head coach is not a 2008 ALABCA member it will cost him \$50 for the one-day workout, instead of \$25 if his coach is a member. School's who's head coaches are members will be listed on our web-site at the Underclassman link. 3) If a workout is rained out it will be held on the same day the following week (i.e.: The Lawson St. C.C. workout would be made up on Monday, June 16, if rained out on June 9).

For general Underclassman questions please contact Barry Dean: (205)837-7727 / barrydean@alabca.org

<u>Northern Workout Dates & Sites</u>		<u>Counties zoned for these workouts</u>
Monday, June 9	Lawson State C.C. (Birmingham), (Take Lakeshore Drive Exit off I-65, go west approx 3.2 miles towards Robert Trent Jones Golf course, take right on Sydney Dr, campus is two miles on left)	Blount Calhoun, Cherokee, Clay, Cleburne, Colbert, Cullman, De Kalb, Etowah, Fayette, Franklin, Jackson, Jefferson, Lamar, Lauderdale,
Tuesday, June 10	Gadsden State C.C. (Gadsden)	Lawrence, Limestone, Madison, Marion, Marshall, Morgan, Pickens, Randolph, Shelby, St. Clair, Talladega, Tuscaloosa, Walker, Winston
Wednesday, June 11	Calhoun St. C.C. (Decatur)	
Thursday, June 12	Northwest Shoals C.C. (Muscle Shoals)	
<u>Southern Workout Dates & Sites</u>		<u>Counties zoned for these workouts</u>
Monday, June 9	Faulkner State C.C. (Bay Minette)	Autauga, Baldwin, Barbour, Bibb, Bullock, Butler, Chambers, Chilton, Choctaw, Clarke, Coffee, Conecuh, Coosa, Covington, Crenshaw, Dale, Dallas, Elmore, Escambia, Geneva, Greene, Hale, Henry, Houston, Lee, Lowndes, Macon, Marengo, Mobile, Montgomery, Monroe, Perry, Pike, Russell, Sumter, Tallapoosa, Washington, Wilcox
Tuesday, June 10	Enterprise-Ozark C.C. (Enterprise)	
Wednesday, June 11	Central Alabama C.C. (Alex City)	
Thursday, June 12	Faulkner University (Montgomery)	

The All-Star Weekend Itinerary is posted on the web-site, www.alabca.org, click on Underclassman Event.

The All-Star Weekend begins Thursday, June 26, 6:30 p.m. at Troy University in Troy, AL. Players check-in from 3:00 – 5:00 p.m., Banquet and Academic Presentation for Players & Parents, 6:30 p.m. See “weekend itinerary” on this site for more weekend details.

Friday, June 27 – Sunday, June 29: All-Star Weekend of Instruction and Games

What Players need to attend their regional workout: 1) A copy of their valid physical, 2) Copy of their parents' insurance card, 3) Be a baseball player in the classes of 2009, 2010 or 2011 at an AHSAA or AISA school, 4) \$25 cashiers check or money order for players who's head coaches are 2008 ALABCA members (personal checks will not be accepted)/\$50 for players who's head coaches are not 2008 members of the ALABCA (ask your head coach or check our web-site at the underclassman link for who's a 2008 member). Players may pre-register, and avoid standing in the on-site registration line, by going to www.alabca.org, click on underclassman event, then pre-reg. form. Send this completed form in with your \$25 or \$50 cashiers check or money order made out to – ALABCA. You may register on-site, and pay with cash or a cashiers check or money order (personal checks will not be accepted). Please send a copy of the parents insurance card and a copy of the student-athlete's 2007-2008 high school physical. **Pre-registration forms must be postmarked by Monday, May 26.**

Four teams of twenty players will be chosen from the all the northern workouts combined, and four teams of twenty players will be chosen from the four southern workouts combined. Teams will be chosen by Professional Scouts and Community College Coaches. The teams will be coached by Community College Coaches from around the state at the All-Star Weekend.

Rain out dates for each workout will be held the following week on the same day (i.e.: If the Lawson St. C.C. workout is rained out on Monday, June 9, it will be made up on Monday, June 16. Please call Barry Dean (205)837-7727 (Northern Workouts), and Mike Murphree (256)777-5386 (Southern Workouts), only on the day of your workout, in case of inclement weather, to see if your workout will be postponed. Please call only on the day of your workout, and after 6 a.m.

To pre-register and avoid standing in a long on-site registration line, please go to www.alabca.org, click on underclassman event, then 2008 pre-registration form. The pre-registered player will still check-in on-site (arrive by 8 a.m.), yet this will be much quicker. Players who register on-site (arrive 7:30 – 8 a.m.) may pay with cash, cashiers check or money order (no personal checks will be accepted). Each workout will be completed when all the players are worked out (usually by 2 – 3 p.m.). Players will have time during the workout to get lunch on their own. Players should dress in baseball practice or game attire and bring their own equipment (clearly mark each item).