

**Alabama Baseball Coaches Association Eleventh Annual
2010 Underclassman Regional Workouts (June 1 - 4) &
2010 All-Star Weekend of Instruction & Games (June 24 - 27) (Held at Troy University, Troy, AL.)**

2010 Points of emphasis: 1) Any AHSAA and AISA 2011, 2012 & 2013 student-athletes may attend either one of the four workouts in their half of the state for their convenience (not regionalized anymore), however they may attend only one workout. 2) If the student-athlete's head coach is not a 2010 ALABCA member it will cost him \$75 for the one-day workout, instead of \$25 if his coach is a member. School's who's head coaches are members will be listed on our web-site at the Underclassman link. 3) If a workout is rained out it will be held on the same day the following week (i.e.: The Lawson St. C.C. workout would be made up on Tuesday, June 8, if rained out on June 1). 4) **Players who pre-register will do so via Camp Pros, therefore eliminating the paperwork and payment through the mail.**

**** PLEASE MAKE COPIES OF THIS FLYER AND HAND THEM OUT TO YOUR UNDERCLASSMEN ****

For general Underclassman questions please contact Barry Dean: (334)676-0434 / barrydean_alabca@bellsouth.net

<u>Northern Workout Dates & Sites</u>		<u>Counties zoned for these workouts</u>	
Tuesday, June 1	Lawson State C.C. (Birmingham)	Players from the counties to the right may attend either one of the northern workouts for their convenience, however, they may participate in only one workout.	Blount Calhoun, Cherokee, Clay, Cleburne, Colbert, Cullman, De Kalb, Etowah, Fayette, Franklin, Jackson, Jefferson, Lamar, Lauderdale, Lawrence, Limestone, Madison, Marion, Marshall, Morgan, Pickens, Randolph, Shelby, St. Clair, Talladega, Tuscaloosa, Walker, Winston
Wednesday, June 2	Gadsden State C.C. (Gadsden)		
Thursday, June 3	Calhoun St. C.C. (Decatur)		
Friday, June 4	N.W. Shoals C.C. (Muscle Shoals)		
<u>Southern Workout Dates & Sites</u>		<u>Counties zoned for these workouts</u>	
Tuesday, June 1	Faulkner State C.C. (Bay Minette)	Players from the counties to the right may attend either one of the southern workouts for their convenience however, they may participate in only one workout.	Autauga, Baldwin, Barbour, Bibb, Bullock, Butler, Chambers, Chilton, Choctaw, Clarke, Coffee, Conecuh, Coosa, Covington, Crenshaw, Dale, Dallas, Elmore, Escambia, Geneva, Greene, Hale, Henry, Houston, Lee, Lowndes, Macon, Marengo, Mobile, Montgomery, Monroe, Perry, Pike, Russell, Sumter, Tallapoosa, Washington, Wilcox
Wednesday, June 2	Enterprise-Ozark C.C. (Enterprise)		
Thursday, June 3	Central Alabama C.C. (Alex City)		
Friday, June 4	Auburn University at Montgomery		

The All-Star Weekend Itinerary is posted on the web-site, www.alabca.org, click on Underclassman Event.

The All-Star Weekend begins Thursday, June 24, 6:30 p.m. at Troy University in Troy, AL. Players check-in from 3:00 – 5:00 p.m., Banquet and Academic Presentation for Players & Parents, 6:30 p.m. See “weekend itinerary” on this site for more weekend details.

Thursday, June 24 – Sunday, June 27: All-Star Weekend of Instruction and Games. The cost for players invited to the weekend is \$225.

What Players need to attend their regional workout: 1) Be a baseball player in the classes of 2011, 2012 or 2013 at an AHSAA or AISA school, 2) \$25 fee for players who's head coaches are 2010 ALABCA members / \$75 for players who's head coaches are not 2010 members of the ALABCA (Check our web-site at the underclassman link for who's a 2010 member). Players may pre-resister, and avoid standing in the on-site registration line, by going to www.alabca.org, click on underclassman event, then fill-out Camp Pros form. **Camp Pros pre-registration forms must be submitted on-line or postmarked in the mail by Friday, May 21. You may register on-site thereafter, and pay with cash or a cashiers check or money order (personal checks will not be accepted). Only send by mail cashiers check or money orders.**

Four teams of twenty players will be chosen from the all the northern workouts combined, and four teams of twenty players will be chosen from the four southern workouts combined. Teams will be chosen by Professional Scouts and Community College Coaches. The teams will be coached by Community College Coaches from around the state at the All-Star Weekend. Rain out dates for each workout will be held the following week on the same day (i.e.: If the Lawson St. C.C. workout is rained out on Tuesday, June 1, it will be made up on Tues., June 8. Please call Barry Dean (334)676-0434 (Northern Workouts), and Mike Murphree (256)777-5386 (Southern Workouts), only on the day of your workout, in case of inclement weather, to see if your workout will be postponed. Please call only on the day of your workout, and after 6 a.m. At each workout Players will be timed in the 60, throw from their positions, take eight cuts on the field, and pitchers will throw seven pitches in the bull pen. This is a pro-style workout. Teams will be listed on the ALABCA's web-site three days after the final workout. To pre-register and avoid standing in a long on-site registration line, please go to www.alabca.org, click on underclassman event, then fill out the 2010 pre-registration Camp Pros form. The pre-registered player will still check-in on-site (arrive by 8 a.m.), yet this will be much quicker. Players who register on-site (arrive 7:30 – 8 a.m.) may pay with cash, cashiers check or money order (no personal checks will be accepted). Each workout will be completed when all the players are worked out (usually by 2 – 3 p.m.). Players will have time during the workout to get lunch on their own. Players should dress in baseball practice or game attire and bring their own equipment (clearly mark each item).